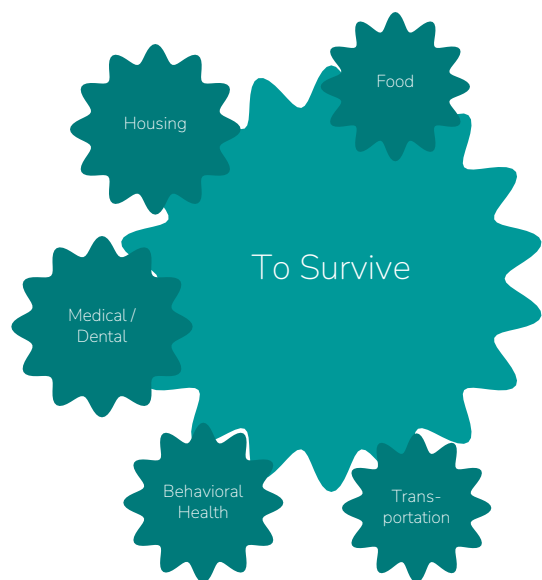


SAN JUAN COUNTY VITAL SERVICES GUIDE: YOUR PATHWAY TO ESSENTIAL RESOURCES

The Community Compass is a one-stop hub designed to increase access to ten vital services that can be obtained in-person or via the web, and supported by a navigator. Our goal is to remove the barriers preventing families, students, and children from receiving services necessary to survive and thrive. Our peer mentors understand how to navigate the systems and are knowledgeable in local resources.

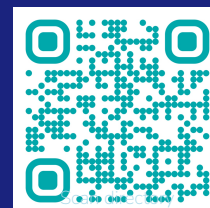
This comprehensive guide connects you to ten vital services available in San Juan County, New Mexico — designed to help families, students, and children easily access the resources they need to thrive. Inside, you'll find:

- Easy-to-follow decision trees to help you find the right support
- Sector-specific QR codes linking directly to 346+ local providers
- 988 Suicide & Crisis Lifeline and emergency contacts clearly highlighted



Visit us at the
Community Compass
Navigation Center
1001 W. Broadway, Ste. D
Farmington, NM 87401

505-636-7110
9:00 am - 5:00 pm
Monday - Friday
sjcnavigate.com
directory.100nm.org





MEDICAL/DENTAL

Primary Services in the MEDICAL/DENTAL Sector

1. Primary Care Services
2. Dental Care
3. Specialty Medical Care
4. Emergency Medical Services
5. Pediatric Care
6. Women's Health Services
7. Pharmacy Services
8. Laboratory and Diagnostic Services
9. Health Education and Prevention Programs
10. Telehealth / Virtual Care [NEW]

Decision Tree for MEDICAL/DENTAL Services

1. Do you need routine medical care or have a non-emergency health concern?
Seek [Primary Care Services](#)
2. Do you need dental care or have oral health concerns?
Look for [Dental Care Services](#)
3. Are you experiencing mental health issues or need counseling?
Explore [Behavioral Health Sector Services](#) (see [Behavioral Health page](#))
4. Do you require care from a specialist, or experiencing domestic violence or sexual abuse?
Seek [Specialty Medical Care](#) | [Sexual Assault Services: 505-326-4700](#)
5. Is this a medical emergency?
CALL 911 immediately — [Emergency Medical Services](#)
6. Are you experiencing a mental health crisis or thoughts of self-harm?
Call or text 988 (Suicide & Crisis Lifeline) — free, 24/7
7. Are you seeking care for a child?
Look into [Pediatric Care Services](#)
8. Do you need women's health services or pregnancy care?
Explore [Women's Health Services](#)
9. Do you need to fill a prescription or get medication advice?
Visit [Pharmacy Services](#)
10. Do you need medical tests or diagnostic imaging?
Seek [Laboratory and Diagnostic Services](#)
11. Are you interested in preventive care or health education?
Check out [Health Education and Prevention Programs](#)
12. Would you prefer to receive care remotely / by video?
Explore [Telehealth / Virtual Care](#) — scan the QR code above
13. Do you need help with digital access or technology skills?
Visit [Community Compass Navigation Center](#) or another digital resource hub



Scan for all 59 providers



FOOD SECURITY

Primary Services in the FOOD SECURITY Sector

1. Food Banks and Pantries
2. Meal Delivery Programs
3. Supplemental Nutrition Assistance Program (SNAP)
4. Women, Infants, and Children Program (WIC)
5. School Meal Programs
6. Senior Nutrition Programs
7. Emergency Food Assistance
8. Nutrition Education
9. Community Gardens
10. Farmers Markets

Decision Tree for FOOD SECURITY Services

1. Do you need immediate access to food?
Contact Food Banks and Pantries or Emergency Food Assistance
2. Are you unable to leave your home to get food?
Look into Meal Delivery Programs
3. Do you need ongoing assistance with purchasing food?
Explore the Supplemental Nutrition Assistance Program (SNAP)
4. Are you pregnant, breastfeeding, or have children under 5?
Check eligibility for WIC — Women, Infants, and Children Program
5. Do you have school-aged children who need meals?
Inquire about School Meal Programs
6. Are you a senior citizen in need of nutritional support?
Look into Senior Nutrition Programs — also see Elder Care resources
7. Are you interested in learning about healthy eating and cooking?
Explore Nutrition Education Programs
8. Would you like to grow your own food?
Consider participating in Community Gardens
9. Are you interested in accessing fresh, local produce?
Visit local Farmers Markets
10. Do you need assistance with digital access or skills?
Visit Community Compass Navigation Center or another digital resource hub



Scan for all 39 providers



HOUSING SECURITY

Primary Services in the HOUSING SECURITY Sector

1. Emergency Shelter
2. Transitional Housing
3. Affordable Housing Programs
4. Rental Assistance
5. Homeownership Assistance
6. Housing Rehabilitation and Repair
7. Homeless Prevention Services
8. Utility Assistance
9. Fair Housing Support
10. Housing Counseling

Decision Tree for HOUSING SECURITY Services

1. Are you currently homeless or at immediate risk of becoming homeless?
Seek Emergency Shelter Services — scan QR for current listings
2. Do you need temporary housing while working toward permanent housing?
Explore Transitional Housing Options
3. Are you looking for long-term affordable housing?
Check Affordable Housing Programs — listings expanded in 2026
4. Do you need help paying rent?
Look into Rental Assistance Programs
5. Are you interested in buying a home but need financial assistance?
Explore Homeownership Assistance Programs
6. Do you own a home that needs repairs or modifications?
Consider Housing Rehabilitation and Repair Services
7. Are you at risk of losing your current housing?
Seek Homeless Prevention Services
8. Do you need help paying utility bills?
Look into Utility Assistance Programs
9. Have you experienced housing discrimination?
Seek Fair Housing Support
10. Do you need advice on housing issues or financial management?
Consider Housing Counseling Services
11. Do you need assistance with digital access or skills?
Visit Community Compass Navigation Center or another digital resource hub



Scan for all 35 providers



BEHAVIORAL HEALTH

Primary Services in the BEHAVIORAL HEALTH Sector

1. Individual Counseling
2. Group Therapy
3. Substance Abuse Treatment
4. Crisis Intervention Services
5. Child & Adolescent Mental Health Services
6. Family Therapy
7. Psychiatric Services
8. Trauma-Informed Care
9. Prevention and Early Intervention Programs
10. Telehealth Mental Health Services [NEW]

Decision Tree for BEHAVIORAL HEALTH Services

1. Are you experiencing a mental health crisis or thoughts of self-harm?
[CALL or TEXT 988 — Suicide & Crisis Lifeline — free, 24/7](#)
2. Are you struggling with substance abuse or addiction?
[Look into Substance Abuse Treatment — Ashley Socia, Sector Leader: 505-636-7110](#)
3. Are you looking for one-on-one mental health support?
[Explore Individual Counseling — 68 providers in San Juan County](#)
4. Would you prefer to work on mental health with others in a group setting?
[Consider Group Therapy](#)
5. Are you seeking mental health services for a child or teenager?
[Explore Child and Adolescent Mental Health Services](#)
6. Are you experiencing family-related mental health issues?
[Consider Family Therapy](#)
7. Do you need medication management or psychiatric evaluation?
[Seek Psychiatric Services](#)
8. Have you experienced trauma and need specialized care?
[Look into Trauma-Informed Care — Cenikor: 505-327-7218](#)
9. Are you interested in prevention or early intervention programs?
[Explore Prevention and Early Intervention Programs](#)
10. Would you prefer to receive mental health services remotely? [
[Consider Telehealth Mental Health Services — scan QR code above](#)
11. Do you need assistance with digital access or skills?
[Visit Community Compass Navigation Center or another digital resource hub](#)



Scan for all 68 providers



TRANSPORTATION

Primary Services in the TRANSPORTATION Sector

1. Public Bus Services
2. Paratransit Services
3. Medical Transportation
4. Senior Transportation Services
5. Ride-sharing / Lyft / Uber Programs
6. Vehicle Repair Assistance
7. Driver's Education and Training
8. Transportation Vouchers
9. Commuter Services
10. Transportation for Rural/Navajo Nation Communities [NEW]

Decision Tree for TRANSPORTATION Services

1. Do you need regular public transportation within the county?
[Explore Public Bus Services — Red Apple Transit, Farmington](#)
2. Do you have a disability that makes regular public transit difficult?
[Look into Paratransit Services](#)
3. Do you need transportation specifically for medical appointments?
[Seek Medical Transportation Services — scan QR for current providers](#)
4. Are you a senior citizen in need of transportation assistance?
[Check Senior Transportation Services](#)
5. Do you need a ride but cannot drive (including rural/remote areas)?
[Explore Ride-sharing Programs, Lyft Healthcare, or Uber Health options](#)
6. Do you own a vehicle that needs repairs but cannot afford them?
[Investigate Vehicle Repair Assistance Programs](#)
7. Do you need to learn to drive or improve your driving skills?
[Consider Driver's Education and Training Programs](#)
8. Do you need financial assistance for transportation costs?
[Look into Transportation Vouchers](#)
9. Are you in a rural or Navajo Nation community needing transportation? [
[Scan QR code for providers serving Shiprock and outlying areas](#)
10. Do you need assistance with digital access or skills?
[Visit Community Compass Navigation Center or another digital resource hub](#)



Scan for all 20 providers



EARLY CHILDHOOD

Primary Services in the EARLY CHILDHOOD Sector

Childcare Finder: childcare.ececd.nm.gov/search | Scan QR for all 41 local providers

- | | |
|--|--|
| 1. Child Care and Preschool Programs | 6. Parenting Education and Resources |
| 2. Home Visiting Services | 7. Early Literacy Programs (libraries) |
| 3. Early Intervention Services (0–3 years) | 8. Head Start / Early Head Start [NEW] |
| 4. Family Support Programs | 9. ECECD Childcare Finder [NEW] |
| 5. Health and Developmental Screenings | |

Decision Tree for EARLY CHILDHOOD Services

1. Do you need child care or preschool?
Proceed to Child Care and Preschool Programs — ECECD Finder: childcare.ececd.nm.gov/search
2. Are you expecting a child or have a child under 3 years old?
Consider Home Visiting Services
3. Do you have concerns about your child's development (0–3 years)?
Explore Early Intervention Services
4. Are you looking for general family support or resources?
Check Family Support Programs — also see Parent Supports page
5. Does your child need health or developmental screenings?
Seek Health and Developmental Screenings
6. Are you interested in improving your parenting skills?
Look into Parenting Education and Resources
7. Do you want to promote early literacy for your child?
Explore Early Literacy Programs at local libraries
8. Are you looking for Head Start or Early Head Start? [NEW]
Head Start serves income-eligible families — scan QR to find your nearest site
9. Do you need assistance with digital access or skills?
Visit Community Compass Navigation Center or another digital resource hub



Scan for all 41 providers



COMMUNITY SCHOOLS

Primary Services in the COMMUNITY SCHOOLS Sector

1. Academic Support Programs
2. After-School Programs
3. Family Engagement Activities
4. Health and Wellness Services
5. Social-Emotional Learning Programs
6. Adult Education Classes
7. Workforce Solutions / Job Search [NEW]
8. Community Service Opportunities
9. Cultural and Arts Programs
10. Technology Access and Training

Decision Tree for COMMUNITY SCHOOLS Services

1. Does your child need additional academic support?
[Explore Academic Support Programs](#)
2. Are you looking for after-school care or activities?
[Check out After-School Programs](#)
3. Do you want to be more involved in your child's education? [Participate in Family Engagement Activities](#)
4. Do you need access to health services at school?
[Look into Health and Wellness Services at Community Schools](#)
5. Is your child struggling with social or emotional issues?
[Consider Social-Emotional Learning Programs](#)
6. Are you an adult or teen interested in continuing education?
[Explore Adult Education Classes](#) — also see [Job Training](#) page
7. Are you an adult or teen looking for job search or resume help?]
[Explore Workforce Solutions](#) — scan QR for current programs
8. Are you or your child looking for volunteer opportunities?
[Check out Community Service Opportunities](#)
9. Are you interested in arts or cultural programs?
[Participate in Cultural and Arts Programs](#)
10. Do you need access to computers or internet?
[Utilize Technology Access and Training Services](#)
11. Do you need help finding other community resources?
[Use Resource Coordination and Referrals at Community Compass](#)



Scan for all 39 providers



YOUTH MENTORING

Primary Services in the YOUTH MENTORING Sector

1. One-on-One Mentoring Programs
2. Group Mentoring Programs
3. Academic Mentoring
4. Career Exploration Mentoring
5. Sports and Recreation Mentoring
6. Arts and Cultural Mentoring
7. Leadership Development Programs
8. Peer Mentoring Programs
9. Mentoring for At-Risk Youth
10. Agricultural & Entrepreneurship Mentoring [NEW]

Decision Tree for YOUTH MENTORING Services

1. Are you looking for individual attention for a youth (ages 5–24)?
[Explore One-on-One Mentoring Programs](#)
2. Would the youth benefit from interacting with peers and mentors together?
[Consider Group Mentoring Programs](#)
3. Does the youth need help improving their academic performance?
[Look into Academic Mentoring](#)
4. Is the youth interested in exploring future career options?
[Check out Career Exploration Mentoring](#)
5. Is the youth interested in sports or physical activities?
[Explore Sports and Recreation Mentoring](#)
6. Does the youth have an interest in arts or cultural activities?
[Consider Arts and Cultural Mentoring](#)
7. Is the youth looking to develop leadership skills?
[Look into Leadership Development Programs](#)
8. Would the youth benefit from mentoring by slightly older peers?
[Explore Peer Mentoring Programs](#)
9. Is the youth facing significant challenges or risks?
[Consider Mentoring for At-Risk Youth — 38 providers in San Juan County](#)
10. Is the youth interested in agriculture, farming, or entrepreneurship?
[\[Explore Agricultural & Entrepreneurship Mentoring — scan QR for programs \]](#)
11. Do you need assistance with digital access or skills?
[Visit Community Compass Navigation Center or another digital resource hub](#)



Scan for all 38 providers



PARENT SUPPORTS

Primary Services in the PARENT SUPPORTS Sector

1. Parenting Classes and Workshops
2. Home Visiting Programs
3. Family Counseling Services
4. Support Groups for Parents
5. Child Development Education
6. Fatherhood Programs
7. Single Parent Support Services
8. Crisis Intervention for Families
9. Parent-Child Activities
10. Resource and Referral Services

Decision Tree for PARENT SUPPORTS Services

1. Are you looking to improve your parenting skills?
[Explore Parenting Classes and Workshops — 61 providers in San Juan County](#)
2. Do you have a young child and want in-home support?
[Look into Home Visiting Programs](#)
3. Are you experiencing family conflicts or challenges?
[Consider Family Counseling Services](#)
4. Would you like to connect with other parents for mutual support?
[Join Support Groups for Parents](#)
5. Do you want to learn more about your child's developmental stages?
[Seek Child Development Education Resources](#)
6. Are you a father looking for specific support or programs?
[Check out Fatherhood Programs — scan QR to find local options](#)
7. Are you a single parent in need of specialized support?
[Explore Single Parent Support Services](#)
8. Is your family experiencing an immediate crisis?
[Seek Crisis Intervention for Families — also see Behavioral Health page](#)
9. Are you looking for activities to do with your child?
[Participate in Parent-Child Activities](#)
10. Do you need help finding other family-related services?
[Utilize Resource and Referral Services — also see Early Childhood page](#)
11. Do you need assistance with digital access or skills?
[Visit Community Compass Navigation Center or another digital resource hub](#)



Scan for all 61 providers



JOB TRAINING

Primary Services in the JOB TRAINING Sector

1. Adult Education and GED Programs
2. Vocational Training
3. Apprenticeship Programs
4. Job Search Assistance
5. Resume Writing and Interview Skills
6. Career Counseling
7. On-the-Job Training
8. Computer Skills Training
9. English as a Second Language (ESL) Classes
10. Workforce Development Programs (WIOA) [NEW]

Decision Tree for JOB TRAINING Services

1. Do you need to complete your high school education or obtain a GED?
[Explore Adult Education and GED Programs](#)
2. Are you looking to learn a specific trade or skill?
[Consider Vocational Training or Apprenticeship Programs](#)
3. Do you need help finding job opportunities?
[Seek Job Search Assistance — Workforce Solutions is the primary local hub](#)
4. Do you need help with your resume or interview skills?
[Look into Resume Writing and Interview Skills Services](#)
5. Are you unsure about your career path?
[Explore Career Counseling Options](#)
6. Are you employed but want to improve your skills in your current job?
[Consider On-the-Job Training Opportunities](#)
7. Do you need to improve your computer skills?
[Look into Computer Skills Training](#)
8. Is English your second language and you want to improve it?
[Explore ESL Classes — high demand, enroll early](#)
9. Are you looking for comprehensive employment services funded by WIOA?
[Check out Workforce Development Programs — Workforce Solutions, Farmington](#)
10. Do you need assistance with digital access or skills?
[Visit Community Compass Navigation Center or another digital resource hub](#)



Scan for all 43 providers

MEET THE 100% SAN JUAN INITIATIVE TEAM

The local initiative is a collaborative effort, with community members at its core, to create a county where all children, students, and families have access to ten essential services for surviving and thriving. This vision is realized through the active engagement of local innovators, leaders in local governments, and family-serving organizations. The initiative is designed to develop programs, policies, and funding strategies to enhance service access, which may involve the establishment of community-based and school-based one-stop service hubs.

100% SAN JUAN INITIATIVE

Kathy Price
100% Leadership Team — Co-Director
Megan Culip
100% Leadership Team — Co-Director
Carrie Wiedmeyer-Olson
100% Medical & Dental Health Sector Leader
Mary Ben
100% Food Security Sector Leader
Cindi Haws
100% Housing Sector Leader
Nicole Murillo
100% Community Schools Sector Leader
Nikkie Taylor
100% Youth Mentoring Sector Leader

COUNTY STAKEHOLDERS

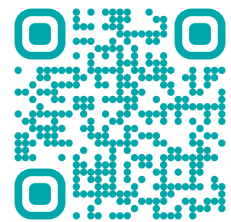
Tessa Bunker
100% Parent Supports Sector Leader
Barbara Tedrow
100% Early Childhood Learning Sector Leader
Kristine Carlson-Werito
100% Behavioral Support Sector Leader
Ashley Socia
100% Substance Abuse Sector Leader
Janice John
100% Job Training Sector Leader
Lynne Spence
100% Family Service Directory Sector Leader
Christina Morris
100% Transportation Sector Leader
Jennifer Johnson
Navigation Center Success Mentor

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