

NEWS+ CHEWS

NEWS

Highlights

Federal: New babies can benefit! If your child was born in 2025 or will be born in 2026, file IRS Form 4547 with your taxes to secure a \$1,000 federal seed deposit into a 530A account – a tax-deferred savings account that grows for your child’s future.

State: New Mexico is using its Health Care Affordability Fund to keep beWellnm health insurance costs lower for families at least through June 30, 2026 – and state leaders are working to extend this help even longer.

Local: The Community Compass Navigation Center is your one-stop hub for help! Located at 1101 W. Broadway, Suite D in Farmington, their peer mentors assist with vital documentation, housing, employment, childcare, transportation, utilities, medical care, and more. Stop by today!

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San Juan County
Early Childhood Coalition



CHEWS

Creamy Tomato "Pink Sauce" Pasta

SNAP-friendly • Cozy • Simple

Ingredients:

- 1 lb pasta (bowtie, penne, or spaghetti)
- 1 jar pasta sauce (24 oz) or 1 large can crushed tomatoes
- 1/2 cup milk (any kind)
- 1 tsp garlic powder or 2 cloves garlic, minced
- 1 tsp Italian seasoning (optional)
- Salt and pepper, to taste
- Optional topping: grated Parmesan

Instructions:

1. Cook pasta according to package directions. Drain.
2. Warm pasta sauce in a pan over medium heat.
3. Stir in milk to make the sauce creamy and pink.
4. Add garlic, Italian seasoning, salt, and pepper.
5. Simmer 2-3 minutes.
6. Toss pasta with sauce and serve warm.



BONUS

Strawberry Cake Mix Cookies

Kid-friendly • Budget-friendly

1. Mix 1 box strawberry cake mix, 2 eggs, & 1/3 cup oil
2. Scoop onto a greased cookie sheet & bake 10 minutes at 350.°