

# **Trauma Responsive Care for** Infants & Toddlers in Childcare

In this 6-part interactive series, participants will begin to learn concepts of trauma and trauma-responsive care and how it can support babies and toddlers who have experienced trauma or those who are at risk of experiencing trauma. Participants will explore how trauma influences babies and toddlers' development. There will be an opportunity to discuss risk factors and promote protective factors to foster resilience. Participants will begin exploring trauma-responsive caregiving strategies that build secure and responsive relationships and attachment.

Session 1: An Overview of Trauma and Trauma-Responsive Care Session 2: Supporting Babies and Toddlers on their Path to Resilience Session 3: Trauma-Responsive Care Strategies and Practices Session 4: Partnering with a Families to Build their Resilience Session 5: Caring for the Caregiver Session 6: Leading the Way to Trauma-Responsive Care

### **\*Training Dates:**

\*Before registering please note:

Attendance for all sessions is

required. This is cohort 2 of 3.

Additional training dates will be

available for Fall 2025. It is

encouraged to apply for either

this training or the Regulate

Then Educate training, not both.

due to the time commitments.

Early May 15th May 29th June 12th June 26th July 10th July 24th Each Session 4-6pm

Childhood **Educators** encouraged to apply 12 **CEUs** 

### **Register Here**

https://us02web.zoom .us/meeting/register/ EbWahcqrTOuh2xeRY OlvaO

#### Kassandra Gonzales, MA. LPCC. IMH-E

Kassandra began her career as an early childhood educator. moving into the mental health field. She is a trained experiential play therapist and has experience as a clinical supervisor for a behavioral management program., Most recently, she served as the **IECMHC** Coordinator.



Training made possible by funding from the Brindle Foundation. Questions? Contact communication@nmaimh.org



# Regulate Then Educate-Trauma Sensitive Lens

This course will illustrate the connection between trauma and its impact on regulation, relationship and academic, social, and behavioral struggles, all while working towards a better understanding of what influences behavior and what behavior is communicating. With better understanding comes a better response, one that supports healing, facilitates connection and builds resilience. This course will offer a working definition of trauma and will explore a simple antidote to the trauma response that is surprisingly at the fingertips of anyone at any time. This experience gives participants the opportunity to put on a trauma sensitive lens and explore the "trauma goggles," to deepen understanding of the impact of trauma on the mind, body, and soul. A practical overview of basic brain function and impact of trauma on the brain's organization, function, and structure, especially the stress response system. This course incorporates current research and persepevtives from neuroscience, including the work of Dr. Bruce Perry, Dr. Besse van der Kolk, as well as numerous other sources.



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